



Youth Volunteer Opportunities



Making a difference!



Support Team
Magherafelt New Base
16+

Community Rescue Service are the only accredited lowland rescue team within Northern Ireland. Tasked by the Police Service of Northern Ireland, they attend incidents of high risk and vulnerable missing persons throughout the province. As an organisation of volunteers, they have great opportunities both on an operational role, but also on a support role. As a support team member, you are as much part of the team as their operational folks.

Volunteer Support Team includes:

- Assisting with organising and running fundraising events.
- Assisting with PR events - in your area in particular, we will be assisting at this years "RAMPAGE" at The Jungle where our new Mid Ulster Base is being located.
- Assisting with keeping local unit and vehicles clean, tidy and ready to respond.
- Anything that assists our operational members.



Air Ambulance Northern Ireland are working to raise £2 million per year to fund the Helicopter Emergency Service for Northern Ireland. This life saving service will prove vital for their rural communities and has already been tasked on 100s of missions since its launch in July 2017.

They need volunteers to assist with many tasks and duties including collections, information stands, visiting schools and other organisations to present on the charities work.

Collecting Can Volunteers

Age 16+

As one of Northern Ireland's newest charities we urgently need volunteers to assist in the placing of collecting cans in your local area. This will involve travel to local shops, pubs, restaurants etc to place cans and record their location. You will then service these cans every few months by collecting them and replacing.



Mid-Ulster Child Contact Centre
Magherafelt & Cookstown
Centre Helper
Age 17+
Access NI check required

Mid Ulster Child Contact Centre is a warm, welcoming, child centred environment with a range of play activities. Our activities are planned to respond to the needs of the children who attend.

Each family has the opportunity to enjoy safe, positive and interactive contact with the support of our highly trained and skilled volunteers. We also provide refreshments for the adults and children and a waiting area for the resident parent. Mid Ulster Child Contact Centre

The services of MUCCC could not be offered without the support and hard work of the team of volunteers. The volunteers are recruited from the wider community, both male and female, bringing a variety of skills and experience and creating a strong and effective team.

Magherafelt Centre	– Saturday	10am-12noon
Cookstown Centre	– Wednesday	6.00pm - 7.30pm
	Saturday	11.00am - 1.30pm

A rota is made out every three months and volunteers are asked to commit to one contact session per month. For most volunteers this would be one session every 4-5 weeks.

THE BASE

The Base – Magherafelt
AccessNI check required
17+

The primary function of the Base is to maintain friendships and/or develop new friendships. It acts as a base for leisure and social activities within the local community for adults with learning disabilities. The Base aims to have a team of volunteers to complement and support the work of the Base Co-ordinator.

Volunteers assist the individuals of the Base to engage in weekly activities such as leisure, crafts and sporting activities. They also have a True Colours Choir, Starting a reading rooms project and currently have a 10-week dance workshop running. The opportunity happens at InVOLve House Monday-Friday 9.30am-3.30pm.

The promotion of opportunities, in the heart of the local community, for adults with a learning disability





Their vision is of a radically improved world for people with dementia. A world where they have their rights recognised where they fully contribute to family & community life & where they can live with dignity free from discrimination.

Group Support Volunteer -16+

Cookstown CSG - 3rd Wednesday of month 12pm; The Hub

Maghera CSG – 16+ - 4th Tuesday of month 7pm – 8:30pm; The Lurach Centre

Mid Ulster Activity Group - 2nd Monday of month 1pm – 3pm; Mitchell Hall, Maghera

Mitchell Hall Friendship Group (Early Stages of Dementia) - 3rd Friday of month 1pm – 3pm; Mitchell Hall Maghera

Mitchell Hall CSG (Early Stages of Dementia) - 4th Friday of month 1pm – 3pm; Mitchell Hall Maghera

Volunteer Learner 16+

Learning support volunteers play a pivotal role in the support, development and empowerment of other volunteers. They provide practical support using workbooks and Society learning, as well as their own passion and enthusiasm, to help volunteers confidently and meaningfully undertake their learning. You will play a key role in our vibrant volunteer community, enabling and empowering others.

Volunteer Leader 16+

Volunteer leaders enable and empower our volunteers and play a key role in our vibrant volunteer community. As a volunteer leader you will help ensure that our volunteers are connected, supported, developed and feel valued.

Keeping in Touch Volunteer 16+

'Keeping in touch' (KIT) calls are an exciting new part of the Alzheimer's Society's offer for people living with dementia. KIT volunteers play a key role in keeping someone who's living with dementia connected. By taking a personal, warm and engaging approach to their role, our KIT volunteers provide a friendly, tailored proactive support service. The role makes a huge difference and KIT volunteers play a fundamental role in on-going person centred support.

Awareness Raising Volunteer 16+

The awareness raising volunteer is essential to promote our services and highlight our presence in local communities. The role also helps to raise awareness of dementia and provide dementia related information. The services can be promoted in a wide range of ways, from the distribution of leaflets, booklets and posters, liaising with the media, through websites and social networking and by attending local groups, gatherings and community events.

Media Volunteer 16+

By speaking publicly about your experience of living with dementia you will help to raise awareness of dementia and challenge the stigma that surrounds the condition. The press office can give the media facts and figures, provide experts and talk about research, but it is personal experience that makes a real impact.

Volunteer Fundraisers 16+

Community fundraising is at the very centre of how we raise vital funds at a local level. The money we raise funds the delivery of universal services that include our website and National Dementia Helpline, as well as the services we provide locally. It also helps to fund research into the cause, cure, care and prevention of dementia, and our campaigning work. Fundraisers are the local heroes of community fundraising.

Would you like to brighten up someone's day by being a good listener, engage in a little bit of chat, then become a good morning caller today. Good Morning provides a daily telephone/alert call to older and vulnerable people living in the Mid Ulster District Council area. Telephone calls are made to 80 people from Monday to Friday between the hours of 9.00am – 1.00pm from their offices down Rainey Street, Magherafelt.



**Mid Ulster Athletics Club
Helper/Volunteer/Coach
15+**

This is an opportunity for future beginner or experienced coaches to learn new or enhance existing skills on the delivery and organisation of athletics games and activities for young athletes (5-16 years old).

Volunteers will have the opportunity if desired to plan a session and programme to include practical sessions on running, jumping, throwing and also include agility, balance and coordination while emphasising fun.

The Club meets at Meadowbank Sports Arena on a Tuesday and Thursday night – Indoors October to March and outdoors from April to September. No experience necessary – A minimum commitment of 2 hours weekly for 6 months. Suitable placement for Awards such as DoFE, Presidents Award to name a few.



**Share Holiday Village, Lisnaskea
Age 16+
Access NI Check required**

Volunteers are required to assist qualified outdoor and arts staff in providing children, people with disabilities, young people and the elderly with a wide range of activities which include canoeing, climbing, archery, arts & crafts and boat trips. Volunteers will act in a caring capacity to ensure all guests participate fully and enjoy the activity. All activities take place at the Share Holiday Village which is open all year round and is located 3 miles outside Lisnaskea on the Derrylin Road.

Weekend Activities – Helping staff deliver a programme of water and land-based activities to groups of all ages and abilities.

Arts – Assisting in the delivery of various art projects with groups.

Work Camp – A 5 day residential aimed at site and building maintenance.

Carer/Companion – A 7-day residential assisting guests with disabilities.

Full Time/Long term – 3 – 12 months placement within the various departments at Share.



The Scout Association
Scout Leaders/Helpers
Magherafelt & Cookstown
Age 14+
Access NI check required

The purpose of Scouting is to contribute to the development of young people in achieving their full physical, intellectual, social and spiritual potentials, as individuals, as responsible citizens and as members of their local, national and international communities. The Scout Association in the UK accepts Members of all major faiths and offers equal opportunities to all young people in the community, no matter what their social, religious or ethnic background may be. It provides adventurous activities and personal development opportunities for young people aged 6-25.

The age groups:

Squirrels (4-6yrs), Beavers (6-8yrs), Cubs (8-10½yrs), Scouts (10½ - 14yrs), Explorers (14 - 18yrs), Network (18 – 25)
Scouting is open to boys and girls.

As a Scout leader/helper you will become part of a vibrant team assisting in the planning and organising of weekly activities following the six programme areas – beliefs and attitudes, community, fitness, creative, global and outdoor and adventure for your preferred age group in order to help children and young people grow and develop in many aspects of their lives.

You would provide activities which involve young people 'learning by doing' e.g. games, crafts, camp craft, pioneering, projects, first aid, climbing, survival skills, canoeing, caving, archery, hiking, camps, international camps, expeditions, community support and lots more. Scouts can also work for a number of awards, including the Queen's Scout Award and the Duke of Edinburgh's Award.



King Street Parent and Toddler Group
16+

The group was established in January 2010 in the newly built parish centre in Magherafelt. The group was set up by a number of local individuals who saw a need and desire for such a facility. Our toddler group sessions are held on Tuesday mornings, 9.15am - 11.15am during school term time. We have a great range of opportunities for volunteers to get involved in. We are always on the lookout for new volunteers to come along in person to see the session in action. Volunteers work on a rota basis and are asked to set up the toys prior to the session beginning and to welcome parents/carers into the hall. The volunteers then provide the children with snacks and soft drinks followed by snack, tea or coffee for adults. Towards the end of the session the volunteers put away the toys and help tidy up hall and kitchen areas. (Closes July & August)

Established in 1988 by a group of health professionals and concerned mums, Tinylife is committed to funding medical research into the causes of premature birth, stillbirth and miscarriage and providing information to professionals and parents-to-be to ensure that every pregnancy has the best chance of a healthy outcome and a healthy baby. Tinylife also offers practical and emotional support to ensure that parents of premature and ill babies get all the help they need. We need volunteers for our:

Fundraising Team (Age 16+)

Volunteers needed to assist in events, either on the day or in preparation and planning.

Organisational Awareness (Age 16+)

Distribute leaflets and fliers around the local community and health premises, i.e. libraries, GP surgeries, Hospitals etc. Manning exhibition stands with the fundraising or family support teams.



Catholic Guides of Ireland
Magherafelt
Access NI check required
17+

To provide a challenging Guiding programme within a safe environment to enable all girls and young women to develop their full potential. To prepare our Guides to be resourceful responsible and to think for themselves. Emphasising the importance of family values and contribution to the community in which an individual lives. Guiding invites you to fulfil many of the challenges that life has to offer through participation both as an individual as well as part of a community in the rich and varied programme of indoor and outdoor activities.

St Colmcilles meet every Thursday night in Magherafelt. No experience required – full training will be provided. Would be good to have a sense of humour, like working with children be ready to be part of a team and have fun. All of the leaders with CGI are volunteers this is reflective in their day to day activities. CGI would not be able to run without volunteers. (Term time only)



FORT CENTRE
REGISTERED CHARITY NO. XR28013

Riding for the Disabled, Maghera
Riding Assistants
12+

The aim of the Fort Centre is to provide people with special needs an opportunity to experience horse riding, which has been proven to benefit individual health and wellbeing. Fort Centre also provides a social setting for family and friends to come together in a welcoming environment. Being part of the team at Fort Centre will create an opportunity for you to meet new people, an option to work with horses in a safe and controlled environment and make you feel you are contributing positively towards a very special need in your local community.

Tuesday & Thursday – 10.30am-11.30am (term-time ONLY)

Monday & Wednesday – 6.00pm – 9.00pm

Volunteer Recruitment Day on Saturday 2nd March from 12 noon to 3pm.



Rugby Assistants
Age 14+

Rainey Mini Rugby train on Friday nights 6.30-7.30pm

Volunteering opportunities exist for those interested in developing experience with working with primary school aged children. Ideally volunteers will have an interest in sport and young people. Volunteers should be aged 14+. They will assist our volunteer adult coaches.

Rainey Youth Rugby train on Wednesday nights 7.30-8.30pm

This age group extends from 12 - 18 years playing contact rugby. Volunteering opportunities exist for those who want to follow sporting interests. Volunteers should be aged 16+.



Magherafelt Marvels Club
15+

Being a volunteer with one of our Special Olympics Club is very rewarding as you are helping our athletes to realise their potential as well as having positive effects on their health and fitness and well-being! Special Olympics Clubs are also great fun for both volunteers and athletes! There are a variety of volunteer roles available from general volunteers to committee roles and coaching! No previous experience of being involved in a Club is necessary as training is provided.

Magherafelt Marvels is the Special Olympics Club for those in the Magherafelt Area. It meets every Wednesday evening in Magherafelt. **Volunteer opportunity open to volunteers aged 15+**

Volunteers do not require any previous experience but need to be enthusiastic and willing to get involved in helping the athletes to participate in the sports training - athletes will have a variety of needs ranging from mild to severe learning disabilities and will require support and encouragement. The coaches will require sports coaching qualifications in the chosen sport of the Club.

Volunteers will undergo general induction training which covers all aspects of Special Olympics and what we do, training will be offered in working with individuals with a disability, role specific training will be offered to committee members to assist them in carry out their role, on-going training is offered to volunteers such as sports courses, code of ethics and first aid and on-going support will be provided to volunteers from the Club and Special Olympics Ulster.



Tobin Youth Centre, Moortown are seeking volunteers aged 16 years old and above to assist at their:

Friday Night Drop In Youth Club.

They have 2 sessions

6.30-8.00pm for P7-Y10

8.00-9.30pm for Y11+Y12.

Volunteers can assist with sports or in their games/hang out room.

Saturday Club which is for children with disabilities and their families assisting with co-ordinated activities such as art, cookery, music, sports, sensory sessions. These run 1-2 Saturdays per month usually commencing at 10am and depending on activity can last up to 2pm.

Funtastic Gymnastics every Monday 3.30-7.30pm for primary age children

Wyse Bites Cookery every Tuesday 4.00-4.45pm is the parent and child class, 5.00-6.00pm is the primary age class and 7.00-8.30pm is the adult's class

TobIN Tune singing sessions every Thursday 5.30-7.00pm for primary age

Lego sessions 12-3pm Sat 2nd March and Sat 6th April for 24 children age 8-11yrs. They will be building robots from Lego and programming them to move using iPads. There will also be mechanical builds which is building battery operated Lego.



Club Angels are a highly respected volunteer organisation based in Cookstown, they care for young people who have over-indulged in alcohol, taken drugs, had an accident or been the victim of an assault by providing a safe place for them to be cared for and/or give essential first aid.

This happens primarily inside Lanyon Hall, Cookstown at Teen Clubland or on busy nights in Time Bar and Night Club where they work closely with the Management, Security Staff and the Police in a co-ordinated approach to look after the vulnerable.

They offer a 2-night experience with no obligation to become a volunteer to give people an opportunity to see if this is the kind of thing they want to do.



Volunteer opportunities open to those aged 16+

Visitor Experience Volunteer – Springhill

There's nothing like a fun day out, and Events Assistants help us to make them happen at Springhill House

By getting involved, you could

- Have fun and help visitors enjoy themselves
- Get experience of working on some of the best events around
- Dress up in costume – but it's not compulsory!
- Help turn a field into a festival and back again in one day
- Join an enthusiastic and varied team and make some new friends

Bookshop/Retail Volunteer - The Argory

Do you like a good thriller? Or are you more of a romantic? Our Bookshop Volunteers know where to find the poetry section, or holiday reads, and love helping our visitors to find something they will enjoy.

By getting involved, you could

- Use your customer service skills and knowledge of literature to help visitors
- Help with raising money to support our work
- Be first to see books as they arrive – you never know what people will bring in!
- Join an enthusiastic and varied team, and make some new friends

Visitor Experience Volunteer - The Argory

There's nothing like a fun day out, and Events Assistants help us to make them happen at the Argory

By getting involved, you could

- Have fun and help visitors enjoy themselves
- Get experience of working on some of the best events around
- Dress up in costume – but it's not compulsory!
- Help turn a field into a festival and back again in one day
- Join an enthusiastic and varied team and make some new friends

Volunteer Piano Player – The Argory

Music helps bring a house to life and live music is the best kind of all. We are looking for a confident and accomplished Volunteer Piano Player at the Argory to add to the atmosphere of the property; by playing our fantastic Steinway in the drawing room you will enthral our visitors and add to their enjoyment of their visit.

By getting involved, you could

- Become part of a friendly and dedicated team
- Meet people from all walks of life and make new friends
- Enjoy new experiences and learning something new every day
- Receive support and training to do the role

**SUMMER | NOW
VOLUNTEER | AVAILABLE
OPPORTUNITIES**



Portglenone Enterprise Group is a community-based group which aims to improve the social, economic, educational and environmental wellbeing of people residing in Portglenone and surrounding area. The group endeavours to bridge the gap between the two religious communities and ethnic groups through various projects. The aim is to address local needs also encouraging personal development and capacity building through projects.

Volunteers will assist with the delivery of a 3-week summer Scheme programme of activities. There is flexibility if you can't commit to all 3 weeks.

Week -1 - Monday 15 July - Friday 19 July – 10am-3pm

Children aged 5-8 years old

Week 2 - Monday 22 July – Friday 26 July – 10am-3pm

Children aged 9-12 years old

Week 3 - Monday 29 July - Friday 2 August – 10am – 3pm

Children aged 12-16 years old



Northern Health
and Social Care Trust

Northern Health and Social Care Trust will once again be running a Summer Scheme for children with disabilities in the Cookstown and Magherafelt District areas in August 2019.

Applicants need to complete an application form which is circulated to local schools in March; they will then be short listed, and interviewed for the role. There will be a full training programme provided to all successful candidates; attendance at this is mandatory.

Access NI checks will be required and for successful candidates, after being successful at interview.

BRIEF OVERVIEW OF THE SUMMER SCHEME

- The scheme is for children between the ages of 5 and 18, who have a disability.
- The children attending the scheme are local.
- The scheme is facilitated by Volunteers accessed from all the local secondary, grammar and further education colleges. We also have a number of paid carers to assist with toileting, personal care needs and medical needs.
- We are looking for enthusiastic individuals who are highly motivated to assist and enable children to fully participate in the scheme.
- £5 expenses will be paid each day to the volunteers of the scheme towards travel.

BENEFITS OF VOLUNTEERING

- Learn new skills.
- Develop an understanding of disability.
- Helps with future job prospects.
- Meet new friends.
- Develop self-esteem and confidence.
- Give something back to your community.
- Training

Do you receive our monthly newsletter containing latest volunteer opportunities?
If not then contact **Barbara on 028 7930 1862** or email
barbara@midulstervolunteercentre.org



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